PROTOCOL FOR RESTORATION OF HERBARIUM SPECIMENS FOR SEM AND SERIAL PARAFFIN SECTIONING METHODS

- 1. After thoroughly cleaning plants of soil and other debris, place them in a 1% solution of Tween 20 (or other detergent). Cap the vial and allow the specimen to soak in this solution for 24 hours.
- 2. Rinse 3 times in dH₂O, allowing 1 hour for each rinse.
- 3. If the specimens are thick-walled, clear by placing in a 1.75% solution of KOH for 24 hours. The KOH softens the cell wall and makes it more permeable to the chloral hydrate solution. Fragile plants like *Fossombronia* do not require this clearing stage.
- 4. Rinse 3 times in dH₂O, allowing 1 hour for each rinse.
- 5. Replace the last water rinse with a saturated solution of chloral hydrate (=250 gms chloral hydrate in 100 ml dH₂O). Allow the specimens to remain in this solution from 4 to 7 days, depending on specimen texture. The chloral hydrate solution will slowly infiltrate the cells of the specimen, swelling them back to their original sizes and shapes. For large, dense plants 7 days is required to infiltrate all of the cells of the specimen, but for small, fragile specimens, like *Fossombronia*, this may be accomplished in 4 days. When the specimens are fully infiltrated, they will appear fairly clear and flexible.
- 6. Rinse 3 times in dH₂O, allowing 1 hour per rinse.
- 7. The samples are now ready for fixation. Specimens that are to be embedded in paraffin for sectioning are fixed for 24 hours in weak chromo-acetic acid. This fixative is mixed as follows: 2.5 ml of 10% aqueous chromic acid, 5 ml of 10% aqueous acetic acid, 92.5 ml dH₂O. Specimens to be prepared for SEM study may be fixed in the same way, or they can be fixed in a solution of 2% glutaraldehyde and 2% paraformaldehyde in 0.1 M sodium cacodylate buffer, pH 7.2 for 3 hours at room temperature, rinsed 3 times in dH₂O, and post-fixed in 2% buffered osmium tetroxide for 3 hours at room temperature. There is less cell collapse in fragile tissues during drying and coating of SEM samples with the latter fixation regime.
- 8. Following either type of fixation, the samples are then rinsed 3 times, allowing 1 hour per rinse, and dehydrated appropriately. For paraffin sectioning, dehydration proceeds from 10% ETOH to 25% ETOH to the TBA series as described in the paraffin-sectioning protocol. For SEM preparations, dehydration begins with 10% ETOH and proceeds through a graded ethanol series to 100% ETOH. Specimens are critical point dried directly from 100% ETOH, using CO₂ as the transition fluid. Dried specimens are mounted and coated according to standard SEM protocols.